

MUMS GUIDELINES ORDER FORM

MUMS Guidelines

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Form De-11gen

(for office use only)

HST Registration: 13919 5879RT

DATE: _____

ORDER PLACED BY:

Name: _____

Phone: _____

Fax: _____

E-mail: _____

Credit Card: VISA M/C

Credit Card #: _____

Expiry Date: _____

SHIP TO:

Street Address: _____

City, Province: _____

Postal/Zip Code: _____

Country: _____

Signature/Name
of Cardholder: _____

Payment methods accepted: VISA, MasterCard or Cheque/Money order (Payable to: MUMS).

All sales are final and will be processed upon receipt of payment. Delivery in approximately 4-6 weeks.

USE THE BULK ORDER FORM (SEE WEBSITE) FOR 10 OR MORE COPIES

DESCRIPTION	UNIT PRICE	QTY	LINE TOTAL
NEW Anti-Infective Guidelines for Community-Acquired Infections 2012	\$24.00		
NEW Developmental Disabilities – Tools for Primary Care 2011	\$24.00		
Hypertension Guidelines for Family Medicine - 2008	\$24.00		
Respiratory (Asthma/COPD) Guidelines for Family Practice <i>(Latest Edition with 2011 Website Update)</i>	\$24.00		
UPCOMING 2012: Anemia Guidelines for Family Medicine <i>(Anticipated Release in May 2012)</i>	\$24.00		
Anemia Guidelines for Family Medicine – 2008 <i>(ONLY available as a black and white REPRINT - 8.5 x 11 format)</i>	\$24.00		
UPCOMING 2012: Men's Health Guidelines for Family Medicine <i>(Anticipated Release in Spring 2012)</i>	\$24.00		
<u>Non Prescription</u> "Viral info Pad" - Each 'unit' contains 4 pads	\$5.00		
<u>Waiting Room</u> Antibiotic Poster (11" x 17", coloured, laminated)	\$7.50		

* PROMO CODE: _____ *

Subtotal

Add HST
(5% of
Subtotal)

Shipping/ Handling <small>(international - please e-mail)</small>	SHIPPING (includes HST) \$3.00 per item	
	HANDLING (includes HST)	\$3.50

Thank you for your order
www.mumshealth.com

TOTAL

Sample:
Non R_x Pads – “Viral info Pad”



Name: _____ Date: _____

Your symptoms today suggest an infection caused by a **virus - NOT bacteria**:

- Cold Flu Pharyngitis/Sore throat Bronchitis/Chest Cold

Colds, influenza (flu) and 90% of sore throats are viral infections.

Antibiotics can be used for bacterial infections, but will NOT help with viral illness and may be harmful. Using **NO** antibiotic is therefore safer and your infection will get better just as quickly.

Sample - do not use

Some suggestions for treating your symptoms:

- Rest as much as possible and drink lots of fluids.
- Use ice chips, hard candy or gargle with salt water to reduce throat pain (1/4 tsp. salt in 1 cup warm water).
- Acetaminophen (Tylenol[®], Tempra[®]) or ibuprofen (Motrin[®], Advil[®]) can reduce aches, pain and fever.
- Ask your pharmacist for help with cough or cold symptoms.

Please return to see your usual health professional if:

- Your symptoms are getting worse instead of better.
- You develop a new or higher fever.
- You are not noticing improvement in _____ days.
- **Please inform the doctor of any other medical conditions such as asthma, heart disease, diabetes, cancer or immune disorder.**

Thank you, _____ MD

Washing your hands and your children's hands will help prevent the spread of these infections